



CCAI Membership,

As most of you are aware, the number one cause of death in Idaho is cancer. The Comprehensive Cancer Alliance for Idaho is committed to bringing together the community to shine light on our cancer burden and make strides to improve the health of all Idahoans. Thank you to everyone for your continued partnership and diligence on pursuing our goals articulated in the Idaho Comprehensive Cancer Strategic Plan 2016-2020. Since rolling out the plan in early 2016, workgroups made up of members from across the state and in diverse fields of work have been gaining speed on CCAI initiatives. The highlights include:

- Prevention:
  - Held an HPV Summit and HPV Statewide Vaccination Day
- Early Detection/Screening:
  - Developed Breast Cancer Messaging Toolkit and partnered with the Idaho Colorectal Cancer Roundtable
- Treatment:
  - Identified barriers and created plan for better representation on the workgroup to assist in best practices and program development
- Survivorship/Quality of Life:
  - Conducted a survey to Primary Care Physicians on their utilization of the Survivorship Care Plan (SCP) and will be taking this information forward to create a plan to better educate on SCPs and their benefit to physicians and patients

CCAI has achieved our target metrics for these goals in the Comprehensive Cancer Plan:

- 9.4% of adolescents in grades 9-12 report using artificial sources of UV light for tanning (Goal 9.8%)
- 20.5% of cancer survivors report poor physical health 14+ of the last 30 days (Goal 26.1%)
- 25.0% of cancer survivors report poor mental health 14+ of the last 30 days (Goal 25.7%)
- 16.8% of cancer survivors who report no physical activity outside of work (Goal 23.3%)













There is still work to be done around improving the state of cancer here in Idaho. There are opportunities to get more involved by joining a workgroup or board. With your help, CCAI will continue to strive to achieve our mission to forge alliances with all cancer community stakeholders, collect and communicate cancer data and resources, generate awareness and develop a comprehensive network to better serve patients throughout Idaho.




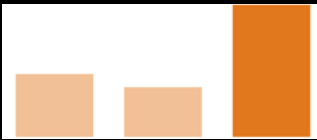


Thank you for your partnership and involvement with the Comprehensive Cancer Alliance for Idaho.


A handwritten signature in blue ink, appearing to read 'Tina Schaal', is written over a light blue circular stamp.

Tina Schaal  
President, Comprehensive Cancer Alliance for Idaho  
American Cancer Society, Health Systems Manager, Hospitals

## Prevention

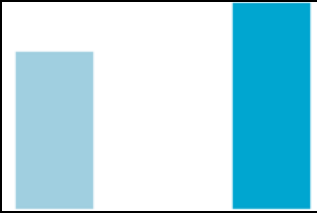




Goal 1: Reduce the incidence and mortality of tobacco-related cancers						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
1.1	Percentage of adults who are current smokers (age adjusted to the year 2000 standard population)	16.5% BRFSS 2014	14.2% BRFSS 2015	12.0% HP2020		
1.2	Percentage of adolescents in grades 9 through 12 who used cigarettes, chewing tobacco, snuff, or cigars in the past 30 days	17.8% YRBS 2013 (rev)	17.4% YRBS 2015	14.2% CCAI (20%)		
1.3	Percentage of adult males aged 18+ who are current users of smokeless tobacco products such as chewing tobacco, snuff, and snus (age adjusted to the year 2000 standard population)	9.4% BRFSS 2014	9.8% BRFSS 2015	7.5% CCAI (20%)		
Goal 2: Increase access to healthy food options and opportunities for physical activity						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
2.1	Percentage of adults aged 18+ who engage in the recommended level of weekly physical activity (age adjusted to the year 2000 standard population)	20.5% BRFSS 2013 (rev)	21.4% BRFSS 2015	24.6% CCAI (20%)		
2.2	Percentage of adults aged 20+ who are at a healthy weight (BMI >= 18.5 and <= 25.0; age adjusted to the year 2000 standard population)	32.5% BRFSS 2014	32.5% BRFSS 2015	35.8% CCAI (10%)		
2.3	Percentage of adolescents in grades 9 through 12 who meet physical activity guidelines for aerobic physical activity	27.9% YRBS 2013	29.6% YRBS 2013	31.6% HP2020		

Goal 3: Increase protective behaviors from sun and other ultraviolet radiation exposure						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
3.1	Percentage of adolescents in grades 9 through 12 who report using artificial sources of ultraviolet light for tanning	12.3% YRBS 2013 (rev)	9.4% YRBS 2015	9.8% CCAI (20%)		✓
3.2	Percentage of adults aged 18+ who report using artificial sources of ultraviolet light for tanning (age adjusted to the year 2000 standard population)	5.6% BRFSS 2014		4.5% CCAI (20%)		
3.3	Percentage of adults aged 18+ who report having a red or painful sunburn that lasted a day or more in the past 12 months (age adjusted to the year 2000 standard population)	52.0% BRFSS 2014		46.8% CCAI (10%)		
Goal 4: Increase the vaccination rate for vaccines shown to reduce the risk of cancer						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
4.1	Percentage of adolescent females aged 13-17 years who completed 3 doses of the HPV vaccine	38.3% NIS-Teen 2014	30.3% NIS-Teen 2015	80.0% HP2020		●
4.2	Percentage of adolescent males aged 13-17 years who completed 3 doses of the HPV vaccine	17.2% NIS-Teen 2014	26.4% NIS-Teen 2015	80.0% HP2020		■
4.3	Percentage of newborns receiving hepatitis B vaccine (Hepatitis B vaccine administered from birth through age 3 days; children in the 2014 NIS were born January 2011 through May 2013)	75.4% NIS-Child 2014	69.8% NIS-Child 2015	85.0% HP2020		●










Goal 5: Reduce cancer risk related to environmental carcinogens						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
5.1	Percentage of adults living in households ever been tested for radon (age adjusted to the year 2000 standard population)	20.7% BRFSS 2014		24.8% CCAI (20%)		

## Early Detection and Screening






Goal 6: Reduce breast cancer deaths and rate of late stage diagnosis through screening and early detection						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
6.1	Percentage of women aged 50 to 74 who had a mammogram within the past two years (age adjusted to the year 2000 standard population)	68.9% BRFSS 2014		81.1% HP2020		
6.2	Age-adjusted rate per 100,000 females of breast cancer diagnoses at late stage (regional and distant)	42.4 CDRI 2013	45.2 CDRI 2014	38.1 CCAI (10%)		
6.3	Age-adjusted mortality rate, female breast cancer	20.5 BVRHS 2014	22.1 BVRHS 2015	18.5 CCAI (10%)		
Goal 7: Reduce deaths and numbers of new cases of cervical cancer through screening and early detection						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
7.1	Percentage of women aged 21-65 who have had a Pap test within the past three years (age adjusted to the year 2000 standard population)	76.3% BRFSS 2014		93.0% HP2020		
7.2	Age-adjusted rate per 100,000 females of invasive cervical cancer diagnoses	5.2 CDRI 2013	6.1 CDRI 2014	4.7 CCAI (10%)		
7.3	Age-adjusted cervical cancer mortality rate per 100,000 females	2.0 BVRHS 2014	1.8 BVRHS 2015	1.6 CCAI (20%)		

<b>Goal 8: Reduce the numbers of deaths and new cases of colorectal cancers through screening and early detection</b>						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
8.1	Percentage of adults aged 50-75 who reported receiving a colorectal cancer screening based on the most recent guidelines, which include a blood stool test in the past year, sigmoidoscopy in the past 5 years and blood stool test in the past 3 years, or a colonoscopy in the past 10 years. (age adjusted to the year 2000 standard population)	60.9% BRFSS 2014		80.0% NCCRT		
8.2	Age-adjusted rate per 100,000 of invasive colorectal cancer incidence	35.3 CDRI 2013 (rev)	34.5 CDRI 2014	31.8 CCAI (10%)		
8.3	Age-adjusted mortality rate, colorectal cancer	12.8 BVRHS 2014	12.2 BVRHS 2015	11.5 CCAI (10%)		
<b>Goal 9: Monitor the development and implementation of screening and early detection methods for other cancers</b>						
	There are no measures established for this goal. Refer to the Idaho Comprehensive Cancer Strategic Plan for objectives and strategic actions.					


## Treatment

<b>Goal 10: Increase timely access to quality cancer diagnostic and treatment services for all Idahoans</b>						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
10.1	Percentage of Idaho adults aged 18-64 with health care coverage (age adjusted to the year 2000 standard population)	79.3% BRFSS 2014	82.2% BRFSS 2015	95.2% CCAI (20%)		
10.2	Percentage of Idahoans who could not see a doctor due to cost sometime in past year (age adjusted to the year 2000 standard population)	16.4% BRFSS 2014	14.3% BRFSS 2015	13.1% CCAI (20%)		
10.3	5-year relative survival ratio, adjusted for age and primary site mix (NAACCR cancer survival index)	63.6 CDRI 05-11	63.9 CDRI 06-12	65.6 CCAI (Best states)		
<b>Goal 11: Increase opportunities to access and participate in cancer treatment clinical trials</b>						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
11.1	Percentage of cancer patients who enroll in treatment-related clinical trials	20.5% Ages 0-19		50.0% Ages 0-19		
		1.7% Ages 20+ CDRI 2015		5.0% Ages 20+ CCAI		
<b>Goal 12: Increase provider utilization of evidence-based treatment guidelines</b>						
	There are no measures established for this goal. Refer to the Idaho Comprehensive Cancer Strategic Plan for objectives and strategic actions.					

## Quality of Life

Goal 13: Improve the physical and mental health of cancer survivors						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
13.1	Proportion of cancer patients receiving survivorship care plans	TBA CoC Hospitals 2015		90.0% CoC		
13.2	Percentage of cancer survivors who report poor physical health 14+ of last 30 days (age adjusted to the year 2000 standard population)	29.0% BRFSS 2011-2012	20.5% BRFSS 2013-2014	26.1% CCAI (10%)		✓
13.3	Percentage of cancer survivors who report poor mental health 14+ of last 30 days (age adjusted to the year 2000 standard population)	28.6% BRFSS 2011-2012	25.0% BRFSS 2013-2014	25.7% CCAI (10%)		✓
13.4	Percentage of cancer survivors who are current smokers (age adjusted to the year 2000 standard population)	31.3% BRFSS 2011-2012	36.7% BRFSS 2013-2014	28.1% CCAI (10%)		●
13.5	Percentage of cancer survivors who report no physical activity outside of work (age adjusted to the year 2000 standard population)	25.9% BRFSS 2011-2012 (rev)	16.8% BRFSS 2013-2014	23.3% CCAI (10%)		✓
13.6	Percentage of cancer survivors who report consuming 5+ servings fruit and vegetables per day (age adjusted to the year 2000 standard population)	20.0% BRFSS 2011-2012	18.0% BRFSS 2013-2014	22.0% CCAI (10%)		●



Goal 14: Improve access and referrals to palliative care services for cancer patients						
Indicator	Measure	Baseline	January 2017	2020 Target	Progress towards target	Target Met
14.1	Access to palliative care in hospitals	B Grade CAPC 2015		A Grade CCAI		
14.2	Proportion of cancer patients whose physical pain caused by cancer or cancer treatment is under control	TBA BRFSS				